



Castleton University



DaveWalk Stadium

Castleton	05	20:19	Guest	18
Player		Penalty	Player Penalty	
1	:	:	:	:
2	:	:	:	:

Contents



- INTRODUCTION** 4
MESSAGE FROM PRESIDENT SCOLFORO
- ACADEMIC AFFAIRS** 6
OUR 232ND COMMENCEMENT
COSTA RICA
SUNY MUSIC PARTNERSHIP
NURSING PARTNERSHIP
FACULTY FELLOW
AN INTERNATIONAL EXCHANGE
- ADVANCEMENT** 13
WELCOME JAMES LAMBERT
CASTLETON GALA
ALUMNI SPOTLIGHT
SUMMER CONCERTS
- STUDENT LIFE** 18
STUDENT AWARDS CEREMONY
ACTIVE MINDS
SPRING SPORTS RECAP



/KARENMSCOLFORO



“I bet if you ask any of our graduates what they plan to do once they leave Castleton, they will describe detailed aspirations on the path to dream fulfillment. This generation of Spartans refuses to settle for mediocrity. They own the passion and drive to create change in this world, and they will not stop until they see the great things they are capable of come to fruition. I believe in the future they are so intent to build, and I have great optimism because of what this class has already helped to accomplish. We often tell students to make a difference here before they go out and make a difference in the world, and these graduates have done just that.”

DR. KAREN M. SCOLFORO, PRESIDENT

2019 COMMENCEMENT ADDRESS



Introduction

Our 2019 commencement ceremony was a special day, not only for the nearly 400 undergraduate and graduate students whose achievements we recognized, but for me as the president of this amazing institution. I was honored to welcome former Vermont Governor Jim Douglas back to campus to serve as our commencement speaker, who asked our graduates to think of all the reasons they've loved calling Vermont home during their time at Castleton and encouraged them to stay a little longer.

The day was special for me because it was another reminder of how proud I am of all of our students, as well as our dedicated faculty and staff. This generation of Spartans has refused to settle for mediocrity, which is evident from the impressive list of accomplishments I shared during my commencement address. I'm so

grateful that these graduates made the choice to attend Castleton University.

While I miss the class of 2019 already, I am excited to welcome a diverse group of new students to campus this fall.

Time sure is passing quickly.

Traditionally, college campuses go quiet during the summer. That's certainly not the case for Castleton University. Our conferences and events staff hosts world-class events during the summer months that attract thousands of visitors to our campus. These events include a six-week training camp for the Boston Crusaders, the weekly summer concert series, a Rutland

Chamber of Commerce networking event, Vermont Governor's Institute of the Arts, various high school state championships, and the Shrine Maple Sugar Bowl, which returns to Castleton for the fifth straight year on August 3.

I want to extend a special thank you to our hardworking facilities crew members, who work tirelessly to keep our beautiful campus looking its best for our visitors, families, and future students.

One of my favorite things about the summer quarterly newsletter is it allows me to reflect on the academic year, which always passes too quickly. In this issue, you will find stories and highlights of the past three months, including new academic partnerships, a new student club with a focus on campus mental health, our 232nd commencement, and the Castleton Gala.

The third annual gala brought more than 150 people to the Castleton Pavilion to celebrate our University's past, present, and future, as well as the accomplishments of three alumni – Thomas Harty '86, Jaklyn Van Manen '09, and Dan Warnecke '17 – and the generosity of our community partner of the year, Heritage Family Credit Union. This fun event supports need- and merit-based scholarships for the 80 percent of Castleton University students who receive financial aid. If you were unable to attend this year's gala, I hope to see you there next year.

Within these pages, I also reflect on the importance of international recruitment. In May, I traveled alongside our Associate Director of Admissions Erica Machia to Kyoto, Japan, to visit Doshisha Women's College of Liberal Arts. One of the most prestigious universities in Japan today, it was a profound experience to speak with students interested in continuing their education in the United States – specifically, at Castleton University – and leaders who were interested in our structure and programming.

Many blessings,

Karen M. Scoloro

Dr. Karen M. Scoloro
President, Castleton University



CONNECT WITH ME:
CASTLETON.EDU/PRESIDENT-SCOLORO



Academic Affairs

COMMENCEMENT 2019



The fourth graduating class of Castleton University passed across the stage at the 232nd Commencement ceremony on Saturday, May 18.

Former Vermont Governor James Douglas addressed the more than 3,500 guests in attendance and thousands more streaming the ceremony online.

"If your experience matches mine, the time has gone quickly: I hope you've found it enjoyable, as well as enriching," Douglas said. "I'll let you in on a secret: time will continue to fly, so make the most of the empowerment of your degree. I'm confident that you'll all contribute meaningfully in the years ahead."

Castleton President Dr. Karen M. Scolforo shared how the ambition demonstrated by this class will undoubtedly serve them well as they set out to make a difference in the world, and reflected on their impressive accomplishments during their time at Castleton.

"We are facing unprecedented challenges, and we look to our new leaders for solutions, for diplomacy, and for action. Never has the world needed these graduates more," she said. "This generation of Spartans refuses to settle for mediocrity. They own the passion and drive to create change in this world, and they will not stop until they see the great things they are capable of come to fruition. I believe in the future they are so intent to build, and I have great optimism because of what this class has already accomplished."

As has become tradition, the Castleton Alumni Association presented two distinguished awards to members of the Castleton University community. History Program Coordinator and Professor Patricia van der Spuy was awarded the Alumni Association Outstanding Faculty Award, which is given annually to

"We are all here today because of a dream. And although failure was a possibility, we made that dream into a goal. That goal, broken down into steps, became a plan. And that plan, backed by action, became a reality. A reality we are living in right here, right now."

- KC AMBROSE, CLASS PRESIDENT

a faculty member whose excellence in teaching influences students well beyond graduation.

Mathematics graduate James Wolfe was honored with the Leonard C. Goldman Distinguished Senior Award, given to a graduating senior who has excelled in and out of the classroom, contributed to community service, and served as an example to others.

Andrew Wilson, a part-time faculty member in Media and Communication, was awarded the Endowed Outstanding Part-Time Faculty Award, which honors one of Castleton's many dedicated, highly-competent part-time faculty.

Preston Garcia, a full-time faculty member in the Natural Sciences Department, was awarded the Endowed Richardson Faculty Award, given once every three years to a deserving full-time faculty member.

Class of 2019 President Kathleen "KC" Ambrose addressed her classmates, asking to give themselves the freedom to fail before making their dreams come true.

"We are all here today because of a dream. And, although failure was a possibility, we made that dream into a goal. That goal, broken down into steps, became a plan. And that plan, backed by action, became a reality. A reality we are living in right here, right now," Ambrose said.





CLASSROOM COSTA RICA

TRAVEL COURSE GIVES STUDENTS A GLOBAL PERSPECTIVE

Students in Castleton University's Tropical Biodiversity course visited Costa Rica in April. The course, taught by Professors Cynthia Moulton and Mary Droege, allowed students to travel to the Central American country for 10 days.

"Basically in this class we study the rainforest, the plants, the animals, and why there's such a great variation of species in that region," said Michael Hirschbuhl, a Global Studies major from Woodstock, Vermont, who created a video documenting his experience.

During their time in Costa Rica, students in the class participated in guided tours of the rainforest, which included visiting the second longest hanging bridge in the country, leading to 350 acres of nature preserve. They also got to see firsthand the wildlife they learned about in class, including iguanas, monkeys, sloths, and more. The group was also given a tour of a chocolate facility, where locals explained traditional and modern methods for chocolate making.

Another activity the class took part in was volunteering at Proyecto Asis, a wildlife rescue center that is home to a variety

of animals including toucans, spider and howler monkeys, anteaters, coatimundis, and more. Students were able to help feed the animals as part of their experience.

"Proyecto Asis is a rehabilitation facility for rainforest animals. They basically take animals that, for one reason or another, are having difficulty living by themselves. They take them in, rehabilitate them, and the ones they're able to release back into the rainforest, they'll release," Hirschbuhl said.

The group also went to Dave and Dave's Nature Park, a unique site for bird watching. Here, they planted Almond trees, which are a food source and nesting site for the endangered great green macaw, the largest parrot species in Costa Rica.

Castleton offers a range of classes that include a travel component during winter, spring, or summer break.



A SOUND-BREAKING PARTNERSHIP

MUSIC DEPARTMENT PARTNERS WITH SUNY SCHENECTADY

Castleton University and SUNY Schenectady have formed a collaborative agreement that will allow students who graduate with an associate's degree in Performing Arts: Music at the upstate New York community college to earn their bachelor's degree in Music Education with licensure at Castleton.

"This highly collaborative, flexible agreement will provide SUNY Schenectady graduates an opportunity to continue on to further their education seamlessly and affordably at Castleton University. Our admissions team works tirelessly to cultivate these partnerships that provide pathways to students who might not have continued on in their educational pursuits," said Castleton President Dr. Karen M. Scolforo.

SUNY Schenectady students who live within a bordering county of Vermont will be able to attend Castleton at the in-state tuition rate. Students will also receive Castleton's Transfer Success Scholarship, which awards \$5,000 per year to full-time students. Other need-based scholarships are available.

"We are proud to partner with Castleton University on this new transfer agreement for students who are studying in our School of Music," SUNY Schenectady President Dr. Steady Moono said. "They will now have an opportunity to transfer on to Castleton's excellent Music Education program for their bachelor's degree on their way to becoming music teachers."

SUNY Schenectady is a fully-accredited, not-for-profit institution and is one of 30 community colleges in the State University of New York system, the largest comprehensive university system in the United States.



Castleton has already begun accepting applications from SUNY Schenectady students. This agreement, along with other recent articulation agreements and partnerships, will continue to greatly enrich the undergraduate experience at Castleton and aid in the growth of Vermont's economy and professional workforce.



A CRITICAL NEED

PARTNERSHIP ADDRESSES NURSING SHORTAGE IN VERMONT AND BEYOND

Southwestern Vermont Health Care (SVHC) has designated Castleton University as its preferred partner for nursing education.

With the closure of Southern Vermont College, SVHC anticipates there will be a shortage of registered nurses with a bachelor of science degree to fill vacant positions in the immediate future and beyond, which are necessary to sustain critically important services and meet the needs of the communities it serves.

To address the anticipated shortage at SVHC, Castleton University is establishing an additional location in Bennington to deliver its Bachelor of Science in Nursing program beginning in the fall of 2019.

Southwestern Vermont Health Care has made a commitment to offer employment to Castleton students who satisfactorily complete the BSN program, obtain licensure, and meet pre-employment requirements. Additionally, SVHC will pay back (in full) tuition debt to those accepted employees that work six consecutive years within the health system.

Castleton University President Dr. Karen M. Scolforo hopes that by delivering an affordable nursing program in Bennington, students from southern Vermont and nearby New York and Massachusetts will be encouraged to pursue a nursing career at SVHC.

“Community hospitals across the country are facing a critical shortage of nurses and unfortunately SVHC is no different. This

partnership will make a Castleton education accessible to more students while also helping to accommodate the anticipated staffing needs of SVHC,” Scolforo said.

Prospective students from nearby Berkshire County in Massachusetts and Albany, Saratoga, Schenectady, Washington, Warren, and Rensselaer Counties in New York will benefit from paying the equivalent of Vermont resident tuition to attend Castleton’s Bennington location.

SVHC is a four-time Magnet® designated hospital and is recognized as one of the leading small rural health systems in the Northeast. Magnet® designated hospitals — health care systems rated as providing the highest quality care, patient experience, collaboration and innovation — require a significant number of credentialed nurses with BSNs in their workforce. The Vermont Talent Pipeline authored research in 2018 that reported Vermont will face 3,900 healthcare vacancies by 2022 — the majority of which are nursing positions. SVHC itself will face approximately 50 nursing vacancies through retirement.

“Training and retaining the nurses of the future for the state of Vermont and SVHC is of the utmost critical need,” stated Tom Dee, president and CEO of Southwestern Vermont Health Care. “We are appreciative and excited to be collaborating with Castleton to develop a pathway for students to achieve an affordable, high-quality education and vibrant employment opportunities.”



OUR FACULTY FELLOW

REESE BOUCHER RECOGNIZED FOR OUTSTANDING ACCOMPLISHMENTS

The Vermont State Colleges System Board of Trustees recently named Castleton’s Athletic Training Program Director Reese Boucher as the VSCS Faculty Fellow for the 2019-20 academic year. The fellowship award recognizes tenured faculty who demonstrate outstanding accomplishments in teaching and learning.

“I am so very honored. I love teaching and I love watching our students grow into professionals, so it feels great to be recognized as an educator,” Boucher said. “Castleton University really is that special place that offers so many opportunities for students.”

Boucher joined the Castleton Athletic Training program faculty in 1997 and has been program director since 2006. She was one of the leaders in creating the Athletic Training 3+2 program, an intensive five-year program that allows students to earn both a bachelor’s and master’s degree at Castleton.

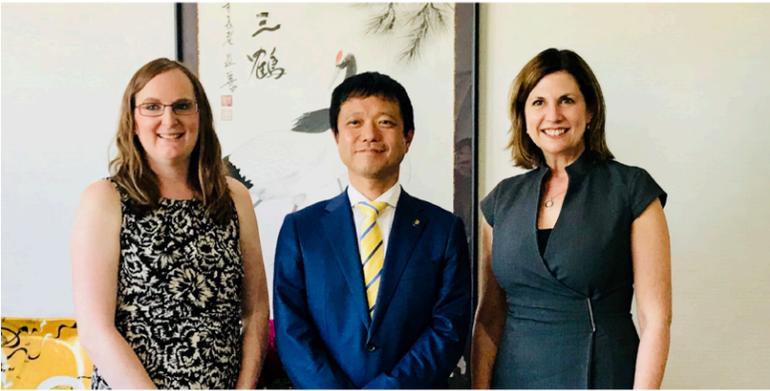
“I am particularly proud of our athletic training students that take advantage of the many opportunities to strengthen their resumes as entry-level professionals. Upon graduation, their resumes demonstrate that they not only do the hard work in their courses and extensive clinical rotations, but they also take

advantage and demonstrate their involvement in so many other campus opportunities for personal and professional growth,” she said.

In recognition of her accomplishment, Boucher will be asked to present at the VSCS Faculty Fellow Celebration.

“I have not yet decided on my presentation topic for the fall Vermont State Colleges Faculty Fellow Celebration. Possibly a lecture on the value and purpose of accreditation standards for program effectiveness, based on my administrative experience as the Athletic Training Program Director, and my role as the faculty chair of the Program Assessment Committee,” she said. “But more likely, I will choose the more riveting topic of Myofascial Release.”

Boucher’s nomination letter praised her as “a devoted teacher, a skilled administrator, a beloved mentor, and a highly respected leader in the academic community.”



Advancement

MARKETING & COMMUNICATIONS WELCOMES NEW DIRECTOR

Castleton University has welcomed James Lambert as its new director of marketing and communications. In this role, he will oversee all aspects of the University's marketing, print and digital media, communications, and public relations efforts.

Lambert comes to Castleton from Mount St. Joseph Academy in nearby Rutland, where he served as Director of Advancement. Prior to his time at MSJ, he worked at College of St. Joseph for six years, serving as vice president for external affairs, associate vice president for marketing and external affairs, and director of communications.

An ardent champion of the Rutland Region, Lambert has served on a number of local boards and committees, including the Regional Marketing Initiative Steering Committee, the Boy's and Girl's Club of Rutland County Board of Directors, and the Rutland Region Workforce Investment Board. He was named to *Vermont Business Magazine's* Rising Stars class of 2016.

"It's a wonderful honor to join Castleton University. I consider myself fortunate to be part of this talented marketing and communications team and continue its tradition of excellent work," Lambert said. "The opportunity to find new and interesting ways to tell the story of the University's faculty, staff, and students is a privilege I am very much looking forward to."

Lambert holds an MBA from College of St. Joseph, a master's degree in information technology from Marlboro College, and a bachelor's degree in journalism from SUNY Plattsburgh. He resides in Rutland Town with his wife, Summer, and their two children, Caden and Cameron.

"We are excited to welcome James to the Castleton family," said Castleton President Dr. Karen M. Scolforo. "We are lucky to have found someone with his background and experience, as well as knowledge of the Rutland Region, to fill this position."



AN INTERNATIONAL EXCHANGE

PRESIDENT SCOLFORO VISITS DOSHISHA IN KYOTO, JAPAN

In May, I traveled to Kyoto, Japan, alongside our Associate Director of Admissions Erica Machia to visit Doshisha Women's College of Liberal Arts. Castleton University has a strong partnership with Doshisha Women's College - which is home to roughly 6,500 students - and I was excited to meet students who will be joining us this fall on their own campus.

During our visit, we met with principals, administrators, and faculty at Kori Nevers High School, Kyoto Seibo Jogakuin High School, Doshisha International School, Doshisha Women's College, and Doshisha University. We have a special connection with Doshisha University. In the summer of 1874, the American Board of Commissioners for Foreign Missions met at Grace Church in our neighboring city of Rutland, and a young man named Joseph Hardy (Nijijima) Nishima made an impassioned plea to raise money so he could return to Japan and build a training school for Christian missionaries. Mr. Nishima and the congregation raised \$5,000 before returning to Japan to build Doshisha University, which stands as one of the most significant universities in Japan to this day.

At each of the institutions above, we offered a presentation about the importance of expanding international perspectives and promoting diversity and inclusion, while also sharing more about Castleton University and our future. We were also fortunate enough to meet with Kyotanabe City Mayor Takashi

Kamimura.

I appreciated the time I was able to spend with students. I met three students who will come to Castleton University this fall and five students who have previously attended Castleton. We talked about The Castleton Way with more than 100 students and shared why our campus feels like home to so many people, even though they could be thousands of miles away from their true "home."

International recruitment is an important tool for every college and university, but I think it's especially important here at Castleton. We have worked hard to create a welcoming and accepting campus culture that embraces all of the qualities that make individuals unique. For many of our students, college is the first opportunity they have to live, work, study, and play with people who don't share the same cultural background.

Our amazing international students, who come from all corners of the globe, help to foster a diverse campus environment that offers our students authentic opportunities to learn more about themselves and the world we live in. Their presence helps to enrich our curricular objectives while also preparing our students for a global workplace.



A SPARTAN HOME RUN

CASTLETON UNIVERSITY ALUM FINDS A HOME WITH THE HOUSTON ASTROS

After spring training, Castleton Alumnus Jim Buckley, was assigned to the Class-A Advanced affiliate of the Houston Astros. Based out of Fayetteville, North Carolina, his daily responsibilities include tracking and monitoring athlete workload, using weight room technology to track athlete resiliency, coaching weight room sessions, and leading on-field stretching. He is also responsible for outfield defense, base running, and coaches first base during games.

"I started playing baseball when I was four years old. It was, and still is, a sport that I love," Buckley said. "The opportunity to play in college was another thing that attracted me to Castleton."

Buckley transferred to Castleton the spring semester of his freshman year and declared an Exercise Science major with the goal of pursuing a career in strength and conditioning after graduation. He completed internships in strength and conditioning at Castleton, University of New Hampshire, and AB Athletic Development.

"I knew a career in strength and conditioning was a way to always be involved in sports, especially baseball. I told myself that working specifically in baseball would be a dream, but I knew there might be opportunities elsewhere before I could get into the baseball realm. I find myself very fortunate to work within baseball at such a young age, and in no way did I anticipate it would happen that quickly," he said.

He credits Exercise Science Program Coordinator Dr. Justin Carlstrom with giving him the tools and resources to succeed.

"The way Dr. Carlstrom mapped out and taught the program was what really stuck with me. He presented the material in a way that reassured me it was something I was passionate about," he said. "He is someone who made my time at Castleton all worth it. I remember he was one of the first people I told I passed my CSCS exam."

In this new role, there is no typical day for Buckley. On days the team is home, he can be found at lift groups for a few hours in the afternoon, followed by stretch and warm-up for position players, and practice until the evening for a 7 p.m. game. Away games are more challenging because the day is more spread out with lift groups in the morning.

Working for a top-notch organization with a strong understanding of player development has provided Buckley the opportunity to learn something new every day.

"My experience at Castleton was truly remarkable. I made lifelong friends, learned under phenomenal professors, and was given the best opportunity to succeed after graduation," he said. "Castleton gave me the foundation to succeed in my field. I was able to understand what kind of coach I am, as well as a philosophy in strength and conditioning that I believe in."



SOUNDS OF SUMMER

CASTLETON SUMMER CONCERTS RETURN FOR 24TH YEAR

Castleton University, in partnership with Heritage Family Credit Union, will present the 24th annual Castleton Summer Concerts at the Pavilion series every Tuesday evening through August 6 at the Castleton Pavilion.

Heritage Family Credit Union Presents: Castleton Summer Concerts at the Pavilion features a premiere lineup of outstanding local professional musicians.

This year's lineup includes:

JULY 9 | DC3, RICK REDINGTON & THE LUV, AND THE HEAVILY BROTHERS (Rocking Americana)

JULY 16 | MILE TWELVE (Bluegrass)

JULY 17 | CHAMBER MUSIC INSTITUTE

A special Wednesday evening performance in Casella Theater

JULY 23 | BLUES FOR BREAKFAST (Blues and Rock)

JULY 30 | TWANGBUSTERS (Country classic and Honky Tonk)

AUGUST 6 | SATIN & STEEL (Soul and R&B)

All concerts in the series begin at 7 p.m. and are free and open to the public. The Castleton Pavilion is an indoor/outdoor facility, which allows concerts to be held rain or shine. Castleton University will collect non-perishable food items to support local food shelves at each performance.



A NIGHT AMONG THE STARS

More than 150 members of the Castleton community came together to celebrate the University's past, present, and future at the annual Castleton Gala on Saturday, June 22, raising nearly \$15,000 for student scholarships.

The theme of the third annual event was "A Night Among the Stars," and Castleton honored several outstanding alumni who have made a difference in their local communities, respective professions, and at Castleton.

"The individuals we honor this evening truly embrace all aspects of the Castleton Way. I often say that together, we can change the world and tonight's award recipients are proof that we are doing just that," said Castleton President Dr. Karen M. Scolforo. "They have worked tirelessly to ensure that a friend's legacy lives on in our students, that both women and men feel safe and respected in relationships, and that members of our community don't go to bed hungry."

Thomas Harty '86 was recognized with the Alumni Association's Outstanding Alumni Award, which honors alumni who have distinguished themselves through their professional accomplishments and displayed exemplary service to the University and their community. It is the highest honor bestowed upon a Castleton University graduate. Harty serves as the CEO of Meredith Corporation, an American media conglomerate that publishes magazines such as *Better Homes & Gardens* and owns a group of local television and radio stations. Harty created the Doug McKenzie

Fund which has raised over \$100,000 for the Men's Lacrosse program since its inception in 2014, to honor his friend and former Castleton lacrosse player.

Jaklyn Van Manen '09 was honored with the University's first-ever Emerging Leader Award. Given to alumni who have graduated within the past 10 years, recipients of this award are making an impact within their community and have demonstrated exceptional success in their chosen field.

While a student at Castleton, Van Manen helped to establish the CHANGE (Creating, Honoring, Advocating, and Nurturing Gender Equity) Initiative. Her efforts included establishing programming to prevent sexual assault, relationship violence, stalking, and harassment. After graduating, she worked as the University's CHANGE coordinator and was instrumental in establishing a support network for survivors on campus. Van Manen has also worked as a researcher assessing the impact of post-traumatic stress disorder on veterans, and as the director of the One Love Foundation, an organization that seeks to educate college and high school students about relationship violence.

Dan Warnecke '17 was recognized with the Spartan Service Award of Excellence. Given to individuals who have exhibited outstanding service to the University, Warnecke exemplifies what it means to be a Spartan. Warnecke served as executive director of the Rutland Community Cupboard for the past year before recently transitioning into a role as the associate director of United Way of Rutland County. During his time at Castleton, he was involved in Castleton's Rotaract Club and was honored with the University's Community Service Award. Warnecke

welcomed Castleton students as volunteers at the Rutland Community Cupboard, an organization that served more than 11,000 individuals in need last year.

Heritage Family Credit Union was named Castleton's Community Partner of the Year. Heritage Family Credit Union is a member-owned, not-for-profit cooperative that offers a variety of financial products and services with 11 branches throughout Vermont and New Hampshire. Heritage Family Credit Union is an ardent champion of Castleton University and supports its students and the Castleton community through various initiatives including the summer concert series, the Castleton Classic Golf Tournament, and more.

The Class of 1957 was recognized as the Castleton Annual Fund Class of the Year, which honors the class that most embodied the spirit of philanthropy at Castleton throughout the past fiscal year.

All proceeds from the Castleton Gala benefit scholarships for the more than 80 percent of Castleton University students who receive need or merit-based financial aid.

Do you know a Castleton alum who you think deserves to be recognized for their accomplishments?

NOMINATE THEM FOR A DISTINGUISHED AWARD AT:

[CASTLETON.EDU/AWARDS](https://castleton.edu/awards)



FOR A FULL LIST OF AWARD WINNERS, VISIT:
CASTLETON.EDU/AWARDS CEREMONY



SPARTAN SUCCESS

AWARDS CEREMONY RECOGNIZES STUDENT, FACULTY, AND STAFF ACHIEVEMENTS

In front of hundreds of their friends, family, peers and colleagues, Castleton students, faculty, and staff members were honored for their achievements during the 2018-19 academic year at the Annual Castleton Awards Ceremony on May 8. Awards were given out honoring success in academics, athletics, student life, and more.

Senior Alpine Skier Linn Ljungemo was recognized with The Sharton Brown Memorial Award, which is given to a female athlete who relates well to peers and coaches, shows a desire to learn and excel, and demonstrates dedication, persistence, and team leadership. Ljungemo was also awarded the Mary Ellen Evans Award, which is given to an outstanding female athlete who has played four years in one sport.

University Service Awards were given to students Sarah Dunbar, Lyss Eaton, and Jeff Hazard for their outstanding contributions to Castleton through their participation in extracurricular activities.

The Abel E. Leavenworth Award, given annually to an outstanding student leader who exemplifies Abel Leavenworth's characteristics of warmth, integrity, strong principles, and wise counsel, was awarded to seniors KC Ambrose and James Wolfe.

The event culminated with the presentation of the Caroline Woodruff Award, a distinction for individuals who have consistently exemplified Dr. Woodruff's qualities of leadership, creativity, resourcefulness, and dedication to Castleton. The award is the highest honor that a student leader can achieve, and this year was given to senior Chidinma Ezugwu, who was also the recipient of the Outstanding International Student Award.



ACTIVE MINDS

CASTLETON CLUB FOCUSES ON MENTAL HEALTH

Members of the Student Government Association's Wellness Committee established an Active Minds chapter at Castleton University this spring.

Active Minds is a national organization with more than 450 chapters on college campuses across the country. Founded in 2003, the Active Minds nonprofit was created by Alison Malmon after the suicide of her older brother, Brian, in 2000. Malmon, who was a junior in college when her brother died, recognized that Brian's experience was similar to thousands of other young people who suffer in silence, believing that they are alone in the fight against mental illness. Malmon saw that while many were affected by mental health issues, few openly talk about their struggles due to shame and stigma.

"After my brother's death, and knowing how preventable it was, I resolved - no matter what - to do something to change the way we approach mental health in this country," Malmon says on the Active Minds website.

Active Minds is dedicated to saving lives and building stronger families and communities. Its goal is to create a culture at colleges that will encourage students to be as comfortable talking about mental health as they are with physical health. Suicide prevention is also a consistent theme.

"I was thrilled when students Jeff Hazard, Abby Mayo, and Kendra Ross approached me at the end of the fall semester and said that they wanted to start an Active Minds chapter," said Martha Coulter, wellness center director. "They had already created a wellness committee within the SGA and this was another way to support mental wellness at Castleton. The club meets weekly and its membership is growing."

Coulter and four students attended the Active Minds National Conference in Washington D.C. in March to learn what other universities and colleges are doing to support mental health on their campuses. More than 500 campus, government, foundation, and corporate representatives attended. Students heard from the 2019 featured presenter Cynthia Bissett Germanotta, president of the Born This Way Foundation, which she co-founded in 2012 alongside her daughter Stefani Germanotta - more notably recognized as musician and actress Lady Gaga. Students took away many ideas that will benefit their peers, including adding crisis numbers to student ID cards and more.



SPRING SPORTS RECAP

Castleton University spring sport student-athletes gathered in the 1787 Room in the Castleton Campus Center in May to celebrate the successes of the group during the 2019 campaign.

Castleton President Dr. Karen M. Scolforo awarded the President's Cup for Academic Excellence to the Softball program, as the team had a cumulative combined GPA of 3.57. The award is given out each season to the team with the highest cumulative GPA.

Baseball

The Castleton baseball team wrapped up the regular season with a 17-19 record, including a 7-9 mark in Little East Conference play. The Spartans earned the No. 6 seed in the LEC Tournament, and traveled to Southern Maine to face the Huskies in the opening round Wednesday. The team capped an early-season road trip to California with a win over nationally-ranked Chapman to spark a four-game winning streak. Season sweeps of Keene State and Plymouth State helped propel the Spartans to the playoffs. Team MVP Davis Mikell is among the best in the nation, leading the LEC and ranking in the top

five nationally in batting average and on-base percentage. The junior has also been dominant on the mound, working to a 1.59 ERA with 19 strikeouts and seven saves in 17.0 innings as the team's closer.

Men's Lacrosse

The Spartans narrowly missed out on a trip to the LEC Tournament in their first year in the league, finishing 5-12 overall and 2-6 in conference play. The first LEC win in program history came at UMass Boston, as Castleton scored three unanswered goals in the fourth quarter to erase a three-goal deficit en route to victory. Team MVP Luc Issa was a workhorse for Castleton in the midfield, collecting a team-leading 99 ground balls and 28 caused turnovers, which is tied for fifth-most in a single season in program history. The sophomore midfielder also scored four times and added three assists.

Women's Lacrosse

The spring was the dawn of a new era for women's lacrosse, as first-year head coach Allyson Baribault led the Spartans to the LEC Tournament in the program's first year in the league.

The team finished the season with a 6-12 record overall and 2-5 mark in league play, but earned a key victory — 15-2 — over Rhode Island College to seal a postseason berth with the season coming down to the wire. Team MVP Erin McKenna capped a stellar Spartan career with a career year, scoring 33 goals and adding 62 ground balls and 43 caused turnovers. She finished her career ranking second in program history in caused turnovers and third in program history in ground balls

Softball

The softball team capped its season with a 15-17 record and 4-10 mark in conference play in its first year in the Little East Conference. The team got off to a quick start with a pair of shutout victories on the first day of the season, and featured three wins against in-state rival Middlebury College — an opponent the Spartans had not beaten since 2010. Team MVP Kylie Wright had a stellar freshman season, tossing 110 innings with a 10-8 record, two saves and 13 complete games — three of which were shutouts. At the dish, she clubbed five doubles and three triples with a .280 batting average in 50 at-bats. Wright also earned LEC Pitcher of the Week accolades as well as Rookie of the Week honors once on the season.

Men's Tennis

The Spartans worked their way to a 2-11 record on the season, earning wins over former NAC opponents in NVU-Lyndon and MCLA. Tough times hit when conference play started, as the stiff competition of the LEC earned Castleton a 0-7 record to

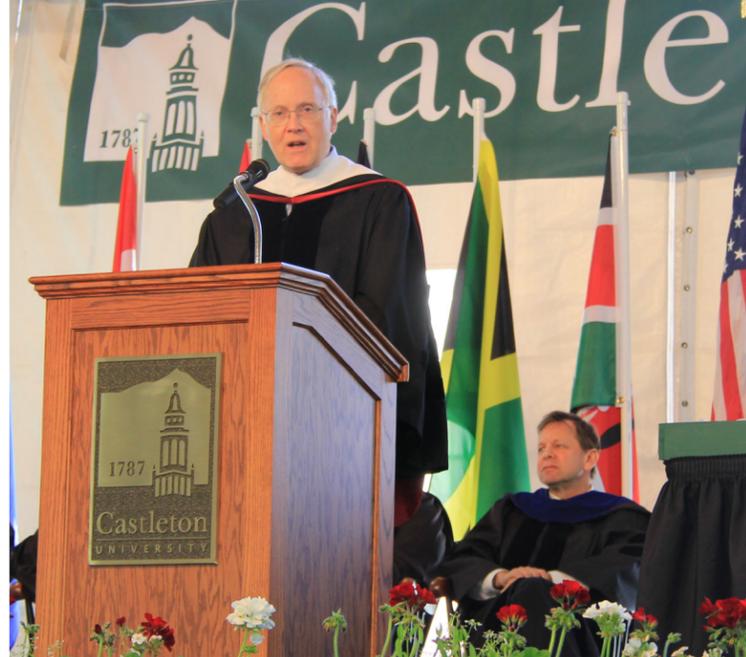
build on in the coming year. Team MVP Igor Almeida was a star on the courts, posting a 9-2 record at No. 1 singles with a 4-1 mark in LEC play at the top spot. At No. 1 doubles, Almeida and his partners worked to a 6-5 record with a 2-3 record against conference opponents.

Men's Track and Field

The men's track and field team showed continued improvement over the course of the season, working to establish itself as a competitor in its first year in the Little East. The Spartans sent two competitors to the NCAA New England Regional Championships, including Team MVP Nate Gilcris. Gilcris cleared 1.95 meters (6'4.75") in the high jump to establish a new program record this season, and placed eighth at the NCAA Regionals with a high jump of 1.93 meters (6'4").

Women's Track and Field

The women's track and field team had a strong showing all around in its debut season in the Little East, finishing eighth in the LEC and 11th in the New England Alliance Meet — the combined event between the LEC and the MASCAC. Team MVP Bronwen Hopwood shattered the program record in the long jump, reaching a distance of 5.08 meters (16'8") at the event. The senior posted multiple standout performances on the season in her first year with the team.



Commencement Exercises

Saturday, May 18, 2019
11 a.m. | Castleton Pavilion
Two Hundred and Thirty-Second Year





Castleton

UNIVERSITY