



# Castleton

Career Services

## Major Choice

Before you begin, a few secrets to reduce stress:

- **Most majors can lead to multiple careers** (and most careers have people with multiple majors)
- **Your College Experiences are more than just your Major.** (Think Volunteering, Leadership, Campus Activities, Athletics, Internships, Part-Time Jobs and more!)
- **Your Major Choice is unlikely to be a Major Mistake.** Consider what you enjoy, what you are good at, and your potential long-term goals, and make a choice.

### 1. What Majors initially appeal to you from the Castleton University Majors List?


### 2. What classes have you enjoyed and done well in?

Enjoyed	Did Well

### 3. What's important to you in a major? What do you value in your academic experience?

- Consistency with my academic strengths (academic success)
- Courses that sound interesting

- Training for a specific career
- Flexibility: could lead to a number of interesting career directions
- Other \_\_\_\_\_

**4. What career fields/job families are you interested in?**


**5. 3-6 Majors for further exploration: Looking at Steps 1-4, which majors are rising to the top?**


**6. Research your top Options**

- Look at the detailed major information online –required courses, electives, course descriptions
- Review “What Can I do with a Major” available online at <https://whatcanidowiththismajor.com/major>
- Explore by Industry
- Visit online career overview sites such as O\*Net or Occupational Outlook Handbook
- Talk to people who are affiliated with your top major/career choices: professors, students or alumni from the major as well as alumni/professionals in your field of choice.

***Potential Questions to ask these contacts:***

- What fields of work do people with this major go into?
- What skills/qualities, etc. does it take to be successful in this major?
- What majors are related to this one, and what differentiates this field of study?
- Why did you decide to focus on this field of study?

***Additional Resources:***

- **Set up an appointment with the Director of Career Services :** Renée Beaupré White  
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