



### PROGRAM: Health Promotion: School Health (BS.HLP.ESE)

This plan is an example of how you can earn your degree in four years.  
You may work with your advisor to customize the plan to fit your circumstances.

#### 2020-21

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
FYS PED 1015 Intro HE & PA*	3	INT 1053 Soundings II	.5		
ENG 1061 Eng Comp	3	PED 2420 Found Teach HE & PE	3		
INT 1051 Soundings I	1	HED 2010 Current Health Issues	3		
AE Gen Ed	3	AE Gen Ed**	3		
WV Gen Ed	3	WV Gen Ed**	3		
Elective	3	ENG 1070 Effective Speaking	3		

NOTES: \*Minimum C+ required

\*\*AE or WV as a WI

Total credits after Year One (THINK 30): **31.5**

#### 2021-22

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
ENG 2260 Touchstones - WI	3	HED 2330 Drug & Alc Curr	2		
HED 2310 Health Methods*	3	AHS 2150 Designs for Fitness (SM Gen Ed)	3		
PED 3125 Psych Soc Health, PA, Sport	3	EDU 2110 Except Populations	3		
BIO 2011 A&P I (SM Gen Ed)	4	BIO 2012 A&P II (SM Gen Ed)	4		
PSY 2265 Child & Adol Dev (SB Gen Ed)	3	PED 2310 Tech for Health & PE (CI)	3		
Information Literacy Exam		ETS Praxis I			

NOTES: \*Minimum B required

Total credits after Year Two (THINK 60): **62.5**

#### \*Menu of Gen Ed courses

- |  |  |
|--|--|
| -ENG 1070 Effective Speaking Understanding | -10 cr. Scientific & Mathematical        |
| -2 WI courses                              | -6 cr. Aesthetic Understanding           |
| -1 CI course                               | -6 cr. Social & Behavioral Understanding |
| -1 SI course                               | -6 cr. World Views                       |

**2022-23**

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
INT 3054 Jr. Soundings	.5	HED 3020 Sec Health*	3		
PED 2370 Com Health	3	HED 2350 Sexual Health Curr	2		
SWK 2020 Family Violence (SB Gen Ed)	3	Elective	3		
PED 2160 Emergency Care	3	Elective	3		
Elective	3	Elective	3		
Elective	3				
		<i>submit Application for Degree</i>			

NOTES: Gateway I to enroll in HED 3020; minimum 2.75 GPA, pass Praxis I.

Total credits after Year Three (THINK 90): **92**

\*Minimum B required

**2023-24**

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
HED 3010 Elem Health*	3	HED 4510 Seminar Health Ed	1		
PED 4020 App Nut & Wt Control	3	HED 4801 Student Teach Health Education I* (SI)	6		
PED Pre Student Teach Seminar	1	HED 4802 Student Teach Health Education II*	6		
Elective	3				
Elective	3				
Elective	2				
<i>Submit Application for student teaching with working e-portfolio</i>					

NOTES: Need at least 120 cr. to graduate

\*Minimum B required

Total credits after Year Four (THINK 120): **120**

Gateway II to enroll in Student Teaching: minimum GPA 3.0, pass Praxis II Health Education;

We strongly encourage you to:

- **Get involved on campus:** Join (or start) a club. Serve as an SOS. Apply to be a CA. Be a tutor. Play intramurals. Participate in SGA, a singing group, WIUV, the Spartan newspaper, a theater production, Green Campus Initiative, the Athletic Band, etc.
- **Expand your academic program:** Complete a minor. Earn the Certificate in Civic Engagement or the Certificate in Global Studies. Take a foreign language. Study abroad. Visit the Academic Support Center. Meet with your academic advisor every semester.

- **Explore career options:** Visit Career Services early and often. Get an internship. Attend the Career & Grad School Fair. Go to the Part-Time Job Fair. Do research with a professor. Join your field's professional organization. Investigate graduate school options.
- **Serve the community:** Take a Civic Engagement course. Join the Mentoring Program. Participate in Alternative Spring Break. Volunteer off-campus for a community organization (e.g. Habitat for Humanity, Meals on Wheels, the Boys & Girls Club, etc.)