



**2021-22**

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
ENG 2260 Touchstones	3	WI PED 2410 Curriculum & Instruction in Physical Education	3		
BIO 2011 Anatomy and Physiology I (Gen Ed SM)	4	BIO 2012 Anatomy and Physiology II (Gen. Ed SM)	4		
CI PED 2710 Tech for Health & PE	3	AHS 2150 Designs for Fitness (Gen Ed SM)	3		
PED 2320 Motor Learning with lab	3	OER 1211 Adventure Education I	2		
AU <i>or</i> WV Gen Ed <i>or</i> minor HED 2010 Current Health Issues	3	SB <i>or</i> AU <i>or</i> WV Gen Ed	3		
<i>Information Literacy Exam</i>					

NOTES: Complete Core Praxis (or corresponding SAT/ACT requirement) before Year 3

Total credits after Year Two (THINK 60): 62.5

**2022-23**

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
INT 3054 Jr. Soundings	.5	PED 3140 Methods of Teaching Secondary P.E.	4		
PED 3320 Net & Racquet Sports	3	PED 3110 Adapted Physical Ed	3		
PED 2160 Emergency Care & Safety (w/ CPR AED card)	3	AHS 3150 (WI) Physiology of Exercise	4		
AU <i>or</i> WV Gen Ed	3	AU <i>or</i> WV Gen Ed	3		
SB Gen Ed if needed <i>or</i> minor HED 2310 Health Education Methods	3	Elective <i>or</i> minor HED 2330 Drug & Alcohol Curriculum <i>or</i> HED 2350 Sexual Health Curriculum	2-3		
Elective	3				
		<i>submit Application for Degree</i>			

NOTES: Minimum of a 2.75 major and overall GPA and passing Core Praxis required for PED 3140 and PED 3070

Total credits after Year Three (THINK 90): 94-95

**2023-24**

FALL	cr.	SPRING	cr.	J.TERM & SUMMER	cr.
PED 3070 Methods of Teaching Elementary P.E.	4	SI PED 4871 Directed Student Teaching in Physical Education I	6		
PED 3320 Teach Team Sport Skills	3	PED 4872 Directed Student Teaching in Physical Education II	6		
PED 4030 Organization and Admin	1	PED 4720 Seminar in Teaching PE	1		
Electives <i>or</i> Health Promotion minor courses	6-7				
Complete any remaining Gen Ed reqs		<i>Provide current first aid/CPR/AED card</i>			
<i>Submit Application for student teaching with working e-portfolio, Complete passing PE Praxis</i>		<i>May complete health education practicum hours</i>			

NOTES: Need at least 120 cr. to graduate

Total credits after Year Four (THINK 120): 120

We strongly encourage you to:

- **Get involved on campus:** Join the Physical Education and Health Education Major's Club. Serve as an SOS. Apply to be a CA. Be a tutor. Play intramurals. Participate in the Student Athletic Advising Committee, the Spartan newspaper, a theater production, Green Campus Initiative, the Athletic Band, etc.
- **Expand your academic program:** Pursue health education courses or a school health education major. Complete a minor in coaching. Take a foreign language. Study abroad for a semester or a year. Visit the Academic Support Center. Meet with your academic advisor at least once every semester.
- **Explore career options:** Join SHAPE VT, our field's professional organization. Visit the Career Services Center early and often. Attend the Career & Grad School Fair. Substitute teach or coach at a local school. Do research with a professor. Investigate graduate school options. Attend a PE HE conference. Prepare to take your licensing exams (Core Praxis, Praxis II.)
- **Serve the community:** Take a Civic Engagement course. Join the Mentoring Program. Assist with the Vermont Special Olympics. Volunteer off-campus for a community organization (e.g. Habitat for Humanity, Meals on Wheels, the Boys & Girls Club, etc.).